



25th National Conference of the Asian Studies Development Program

March 7-9, 2019

Nashville, Tennessee



WELLBEING IN ASIAN TRADITIONS OF THOUGHT AND PRACTICE

Cover Image from Liu Shuling's Exhibition of Gongbi Painting at Belmont University Leu Art Gallery, Feb. 4-Mar. 1, 2019

2019 Conference (Nashville, TN, March 7-9, 2019), hosted by Belmont University

2018 Conference (Washington, DC, March 1-3, 2018), hosted by ASDP Alumni Association

2017 Conference (Portland, OR, March 2-4, 2017), hosted by Portland Community College

2016 Conference (Washington, DC, March 17-19, 2016), hosted by ASDP Alumni Association

2015 Conference (Branson, MO, March 19-21, 2015), hosted by Missouri State University

2014 Conference (Houston, TX, March 13-15, 2014), hosted by ASDP Alumni Association

2013 Conference (Phoenix, AZ, February 28-March 2, 2013), hosted by Maricopa County Community College, Paradise Valley

2012 Conference (Seattle, WA, March 29-31, 2012), hosted by Central Washington University

2011 Conference (Boston, MA, March 24-26, 2011), hosted by Middlesex Community College

2010 Conference (Honolulu, HI, June 29-July 1, 2010), hosted by Kapi'olani Community College

2009 Conference (Philadelphia, PA, March 5-7, 2009), hosted by Community College of Philadelphia

2008 Conference (Chicago, IL, March 6-8, 2008), hosted by College of DuPage

2007 Conference (Seattle, WA, March 8-10, 2007), hosted by Central Washington University

2006 Conference (Nashville, TN, March 16-18, 2006), hosted by Belmont University

2005 Conference (Whittier, CA, April 21-24, 2005), joint with ASIANetwork, hosted by Whittier College

2004 Conference (Kansas City, MO, April 15-17, 2004), hosted by Johnston County Community College

2003 Conference (Nashville, TN, March 6-8, 2003), hosted by Belmont University

2001 Conference (Glen Ellyn, IL, March 21-22, 2001), hosted by College of DuPage

2000 Conference (Honolulu, HI, July 1-2, 2000), hosted by East-West Center and University of Hawai'i

1999 Conference (Lowell, MA, March 10-11, 1999), hosted by Middlesex Community College

1998 Conference (Baltimore, MD, March 25-26, 1998), hosted by Towson State University, Essex Community College, Morgan State University, East-West Center, and University of Hawai'i

1997 Conference (Glen Ellyn, IL, March 11-12, 1997), hosted by College of DuPage, Asian Studies Development Program, East-West Center, and University of Hawai'i

1996 Conference (Honolulu, HI, April 9-10, 1996), hosted by Kapi'olani Community College and Leeward Community College

1995 Conference (Baltimore, MD, April 5-6, 1995), hosted by Essex Community College, Towson State University, University of Hawai'i, and East-West Center

1994 Conference (Lowell, MA, March 23-24, 1994), hosted by Middlesex Community College



In the spirit of scholarship and collegiality, the ASDP Alumni Chapter welcomes you to ASDP's 25th Annual National Conference. Our conference theme *Wellbeing in Asian Traditions of Thought and Practice* invites reflection on diverse Asian cultures and societies as seen through an interdisciplinary lens around the globe. This

theme reflects the twenty-eight year mission of ASDP to enhance undergraduate teaching and learning about Asian cultures and societies that was first envisioned by co-founders Roger Ames and Betty Buck and continued by Peter Hershock. The ASDP Alumni Chapter was established to help with that program mission and to support ASDP alumni efforts. As the first non-geographic, special interest alumni chapter, we are the largest chapter in the EWC Alumni Association with over 1,500 members.

We look forward to the next twenty-five as we continue to support the ASDP mission. Please join us for our ASDP Alumni Chapter General meeting on Friday March 7th from 5:45-6:30pm. If this is your first time at an ASDP conference, please come up and introduce yourself. And if it's your twenty-fifth conference, let us know so we can acknowledge your steadfast commitment to ASDP. As always, the elected Chapter leadership welcomes your ideas and news about ASDP activities which we submit for publication to the EWC e-newsletter.

**With all good wishes and much Aloha,
Dona Cady**

**ASDP Alumni Chapter, President
Professor of Humanities, Middlesex Community College**

**Belmont University Conference
Planning Committee**



Dr. Christopher Born, Asst. Professor, Asian Studies & Japanese Language
Dr. Cynthia Bisson, Asst. Professor of History
Dr. Judy Bullington, Chair and Professor of Art
Dr. Dennis Chen, Assoc. Professor, Management & International Business
Dr. Don Cusic, Professor of Music Business
Dr. Pete Giordano, Professor of Psychology
Dr. Qingjun Li, Assoc. Professor of Asian Studies and Chinese Language
Dr. Ronnie Littlejohn, Professor of Philosophy; Director, Asian Studies
Prof. Christine Rogers, Asst. Professor of Art
Dr. Andrea Stover, Professor of Literature
Dr. Jonathan Thorndike, Professor of Honors and Literature



Welcome to the 25th National Conference of the Asian Studies Development Program

The Asian Studies Development Program (ASDP) was established in 1990 to help faculty at two-year and four-year colleges and universities enhance undergraduate teaching and learning about Asian cultures and societies. For nearly thirty years, we have been collaboratively carrying out this mission based on three core convictions. Asian cultures and societies should be integral to global cultural literacy. Global cultural literacy should be a goal for all undergraduate students and not just the privilege of a self-selecting few. And, cultural literacy involves going beyond learning-about other cultures and peoples to learning-with and learning-from them.



The ASDP Annual National Conference was first hosted in 1994 as the brainchild of ASDP alumni who believed that ongoing opportunity to share research and pedagogical insights was crucial to carrying the ASDP mission forward.

It is entirely fitting, then, that this silver anniversary of the ASDP National Conference is organized around the theme of wellbeing. Whether our central concerns are about personal wellbeing, ecological wellbeing, the wellbeing of the international community, or even the wellbeing of higher education as a core public good, they are ultimately concerns about relational flourishing. Thank you for attending the Conference, for rewarding the kind and careful efforts of our local hosts at Belmont University, and for contributing to our academically vibrant and affectively rewarding explorations of “Wellbeing in Asian Traditions of Thought and Practice.”

Peter D. Hershock, Director



Book Exhibits note of appreciationWe extend our gratitude to our long-time partner, **The Library of Social Sciences** the premier company organizing and managing book exhibits for significant scholarly and professional conferences for bringing us a comprehensive collection of books on our meeting's themes. Please make frequent stops at our book tables.

ASDP

Alumni Chapter Officers

- ❑ **Dona Cady, Middlesex Community College, President, 2018-2020**
- ❑ **Dennis Arjo, Johnson County Community College, Vice-President, 2018-2020**
- ❑ **Matthew Ruane, Florida Institute of Technology, Secretary, 2015-2020**
- ❑ **Eric Spears, Columbus State University, Treasurer, 2018-2019**
- ❑ **Barbara Lass, San Francisco Community College, Member-at-Large, 2016-2019**
- ❑ **Kathleen Doss, Portland Community College, Member-at-Large, 2017-2020**
- ❑ **Taine Duncan, University of Central Arkansas, Member-at-Large, 2018-2020**
- ❑ **Michele Marion, Paradise Valley Community College, ARCAS Representative, 2018-2020**
- ❑ **Peter Hershock, Asian Studies Development Program, Alumni Chapter Advisor, 2011-**

ASDP National Conference

Conference Schedule

March 7-9, 2019

Thursday, March 7, 2019

8:00 a.m.-10:00 a.m. ASDP Alumni Board Jackson

10:00 a.m.-12:00 p.m. Field Trip to Nashville Asia Sites

12:30-1:45 p.m. Association of Regional Center Board Meeting (ARCAS) Lunch
(Marriott Hotel Restaurant)

3:00 p.m. Conference Registration Begins Heritage

4:00-5:30 p.m. ARCAS Board Meeting Jackson

6:00-8:30 p.m. Reception and Welcoming Performance Capitol Ballroom

6:00-7:15 p.m. Reception with Cash Bar

7:30-8:30 p.m. Performance: *The Way of Qin*

Mistress of Ceremonies: Dr. Mei Han, Director
Center for Chinese Music and Culture, Middle Tennessee State University

Friday, March 8, 2019

7:15-8:15 a.m. Experiential Learning in Mindfulness and Yoga Capitol Ballroom

Ashok Malhotra, State University of New York

8:30 a.m. - 4:30 p.m. Registration

8:30 a.m. - 5:00 p.m. Book Exhibit

8:30 a.m. Welcoming Remarks Capitol Ballroom

Peter Hershock, Director, Asian Studies Development Program
Ronnie Littlejohn, Belmont Conference Program Committee Chair
Dona Cady, President, ASDP Alumni Chapter
Richard Vuylsteke, President, East-West Center

Friday, March 8, 2019

9:00-10:15 a.m. Conference Panels

Session I A. Interdisciplinary Approaches to Asian Studies

Knoxville

Qingjun Li, Belmont University, Chair

The Asian Music Industry

Don Cusic, Belmont University

Dolled up: Hidden Notions of Gender Stereotypes in Japanese Doll Culture

Anh Dinh, University of Central Oklahoma

Onna-Bugeisha “Warrior Women”

Beth Anderson, University of Central Oklahoma

Session I B. Confucianism and Community

Memphis

Jim Deitrick, University of Central Arkansas, Chair

Confucian Role Ethics and Multigenerational Living Communities

Joanna Crosby, Morgan State University

The Pedagogy of Wellbeing: Defending Confucian Parenting Practices in the Family Instructions of the Yan Clan

Yuzhou Bai, Princeton University

Session I C. Student Panel: The Impact of Colour, Art Education, and Diversity Concerns on Asian Psychological Well-being in the Visual Arts

Chattanooga

Michelle Corvette, Belmont University, Chair

Incorporation of Meaningful Connections and Traditions into New Approaches of Asian Art Education

Tara Woods, Belmont University

Striving for New Directions in Colour Understandings between North and South Korea in Relationship to Western Chromophobia: The Affect of Creative and Visual Wellbeing in Asia

Clinton Hamilton, Belmont University

Improving Cultural Awareness: Issues of Diversity and Equity among Asian Contemporary Artists

Salem Spicka, Belmont University

Session I D. Qin Cultural Exhibit

Jackson

Special Introduction: The Mindfulness in Sound: Self-Cultivation and Oneness in the Art of the Ancient Seven-String Chinese Musical Instrument—Guqin

Haiqiong Deng, Florida State University

Friday, March 8, 2019

10:15-10:45 a.m. Mid-morning Break

10:45 a.m.-12:00 p.m. Conference Panels

Session II A. Unwell to Well: Issues of Healing and Wholeness

Knoxville

Joanna Crosby, Morgan State University, Chair

Ayurvedic Principles of Wellbeing in Ancient Indian Text and Contemporary Memoir
Gurleen Grewal, University of South Florida

Expressions of Not-Being-Well by Zen Masters before Their Enlightenment
Joseph Johnson, University of North Georgia

Cosmic Wholeness: Transcending Disintegration in *I Wish* (Hirokazu Kore-eda, 2011)
Melissa Croteau, California Baptist University

Session II B. Negotiating Cultural Difference

Memphis

Paul Dunscomb, University of Alaska, Chair

Neighborly Wellbeing: Collaborative Sino-Japanese Transnationalism 1905-1940
Travis Chambers, University of Central Oklahoma

Understanding Taiwanese Culture from the Lens of Japan
Ching-Hsuan Wu, Western Kentucky University

A Foreigner's Life in Japan
David Flynn, Belmont University

Session II C. Pedagogies of Asian Studies: Panel 1

Chattanooga

Steve Laumakis, University of St. Thomas, Chair

Pedagogies of Wellbeing: Paradigms of Somatic Learning in Modern Yoga Instruction
Andrew Davis, Belmont University

Incorporating Yoga and Meditation in the Philosophy Classroom: A Case Study
Anna Lannstrom, Stonehill College

What's the Big Idea of 'Well-Being' in Arts Education?
Meaghan Brady Nelson and Tara Woods, Belmont University

Session II D. Qin Cultural Exhibit

Jackson

Friday, March 8, 2019

12:00 -1:45 p.m. Lunch and Plenary Speaker

Capitol Ballroom

Speaker: Philip J. Ivanhoe, *Oneness, Spontaneity, and Happiness*

2:00-3:15 p.m. Conference Panels

Session III A. Sensō, Sencha, and Sanitation: Building Tradition, Modernity, and Well-being in Meiji Japan

Knoxville

Cynthia Bisson, Belmont University. Chair

Beef and Bravado: Projections of Strength and Modernity in Meiji Propaganda Prints
Christopher Born, Belmont University

Designing Modern Cities in Meiji Japan
David Rands, Austin Peay State University

From Medicine to Beverage: Marketing Green Tea in the Meiji Era
Cynthia Bisson, Belmont University

Session III B. Student Panel: Wellbeing in Asian Traditions of Thought and Practice: An Indian Perspective

Memphis

Jessica Sheetz-Nguyen, University of Central Oklahoma, Chair

Subaltern and Feminist Criticism of 1960s India: Mahasweta Devi's *The Breast-Giver*
Jaid Wehrenberg, University of Central Oklahoma

Let the Games Begin: Boyhood in Bangalore's Last Urban Cricket Ground
Kathryn Wurm, Belmont University

Absent Rivers: Water and Drought in Pre-Monsoon India
Marlow Amick, Belmont University

Session III C. Ecologies of Mind and Place

Chattanooga

Ashok Malhotra, State University of New York, Chair

Indigenous Spiritual Ecology in the Appiko Movement of South India: The Quest for Environmental Justice, Bioregionalism, and Traditional Ecological Knowledge
George James, University of North Texas

Identity in Bengali Diaspora in the U.S.
Nalanda Roy, Georgia Southern University

The Wellbeing of the Discipline of Philosophy: Rethinking the intersectionality of Kant, Race and European Enlightenment
Li-Hsiang Lisa Rosenlee, University of Hawaii

Session III D. Qin Cultural Exhibit

Jackson

Friday, March 8, 2019

3:15-3:45 p.m. Afternoon Break with Qin music

3:45-5:30 p.m. Conference Panels

Session IV A. Women & Gender Issues: China/Globalization/Bangladesh/Myanmar

Knoxville

Peter Hershock, East West Center, Chair

Gender and Relational Self-Cultivation

Dona Cady, Middlesex Community College

Globalization and Gender Equity Patterns for Women of Asia

Linda Lindsey, Washington University in St. Louis

Flight to Safety among Myanmar's Ethnic Minority, the Rohingya

Jessica Sheetz-Nguyen, University of Central Oklahoma

Garments Come to the Village: Geographies of Gender and Regulatory Performativity in a Bangladeshi Garment Factory

Roslyn Schoen, Texas A & M University

Session IV B. The Politics of Wellbeing

Memphis

Joseph Overton, Kapiolani Community College, Chair

Human Rights in Japan

Setsuko Buckley, Whatcom Community College

Historical Look at China's Constitutional Reforms from c. 1900

Shiping Hua, University of Louisville

China's Strategic Culture and its influence on China's Foreign Policy

Louis Furmanski, University of Central Oklahoma

Selective Public Policy and Law: Sri Lanka and Exclusionary Sinhalese Well-being

Maria Ritzema, College of DuPage

Session IV C. One Year Later: Lessons from the NEH Buddhism in East Asia Summer Institute

Jackson

Susan Spencer, University of Central Oklahoma, Chair

Susana Sosa, Fresno City College

Anh Dinh, University of Central Oklahoma

Fei Zhao, University of Washington

Session IV D. Historical Memory: Asian Perspectives

Chattanooga

Christine Rogers, Belmont University, Chair

Anthropology and the Vietnam War: An Ethical Crossroads

Barbara Lass, City College of San Francisco

This Strange Eventful History: Retracing the Evaporated Memory of the Indo-American Ice trade of the 1800s

Christine Rogers, Belmont University

OPERATION HAWAII: Japan's Failed Opening Gambit

Forrest Paige, Rose State College

The Fourth Homecoming: Okinawan Reversion and the Conundrum of Reintegrating an Imperial Japanese Prefecture into Postwar Japan

Paul Dunscomb, University of Alaska

5:45-6:30 p.m. ASDP Alumni Association General Meeting

Capitol Ballroom

Saturday, March 9, 2019

7:15-8:15 a.m. Experiential Learning in Mindfulness and Yoga-Ashok Malhotra

Capitol Ballroom

8:30 a.m.-5:00 p.m. Book Exhibit

9:00-10:15 a.m. Conference Panels

Session V A. Economies of Wellbeing in China

Knoxville

Michele Marion, Paradise Valley Community College, Chair

China and a New Geography of Global Hegemony? The Asian Infrastructure Investment Bank & the One Belt, One Road Initiative

Eric Spears, Columbus State University

The Power of Ruqya & Sufi Healing: A Desi Experience

Syed Ahmed, William Paterson University

China: A World Economic Power without a Global Reserve Currency

Ademar Bechtold, Notre Dame of Maryland

Session V B. Comparative Literatures of Asia

Memphis

David Flynn, Belmont University, Chair

Chan/Zen Concepts Applied to T.S. Eliot

Shudong Chen, Johnson Community College

"None save the ancient pine-tree...": Well-being and Botany in *The Tale of Genji*

Cynthia Giddle, Community College of Philadelphia

Illness, False Cures, and the Chinese Body Politic in Stories by Lu Xun and Mo Yan

William Lowe, Howard Community College

Session V C. Wellbeing and Mindfulness

Jackson

Marthe Chandler, DePauw University, Chair

Critique of Western Appropriation of Mindfulness

Stephen Laumakis, University of St. Thomas

The Yijing & Mindfulness: A Comparative Analysis of Students' Use of the *Yijing* in a Rudimentary Mindfulness

Meditation & Refection Practice

Liam Madden, Georgia State University

Using Topic Modeling to Understand American Buddhist Discourse

Jim Deitrick, University of Central Arkansas

Session V D. Wellbeing in the Academy of the Seven Cultivations

Chattanooga

Ronnie Littlejohn, Belmont University, Chair

Unpacking the Chinese View of Food Therapy and Health

Qingjun Li, Belmont University

Cultivating Mindfulness

Peter Giordano, Belmont University

The Business of Well Being in the Academy of the Seven Cultivations

Dennis Chen, Belmont University

Saturday, March 9 2019

10:15-10:45 a.m. Mid-morning Break

10:45 a.m.-12:00 p.m. Conference Panels

Session VI A. Love, Longing, and the Evolution of Human Consciousness

Knoxville

Roberta Adams, Roger Williams University, Chair

Li Zehou and Lu Xun: Philosophy and Poetry
Marthe Chandler, DePauw University

The Passion of the Game: Love, War, and Eternity in Shan Sa's, *The Girl Who Played Go*
Roberta Adams, Roger Williams University

The Power of Longing in Bai Juyi's, *Song of the Lute*
Fay Beauchamp, Community College of Philadelphia

Session VI B. Cultural Intersections

Memphis

Andrea Stover, Belmont University, Chair

Flourishing through Attendance and Attention: YAMAZAKI Ansai on Reverence (Kei 敬) from the Standpoint of
"Marvelous Correspondence" (Myōkei 妙契) between the Learning of ZHU Xi and the Suika Shintō
Eiho Baba, Furman University

Okada Toshiki's Transcultural Dramaturgy: From Nōh to Brecht and Back
Miglena Ivanova, Flinders University

Asian Studies and the Humanities: An Essential Collaboration
Eric Kendrick, Georgia State University

Session VI C. Pedagogies of Asian Studies: Panel 2

Jackson

Thomas Patterson, Johnson County Community College, Chair

Relationality, Ethics, and Education: Is Vision Possible?
Dawn Gale, Johnson County Community College

Novel Delivery and Deliverable Novelty: Fresh Modes for Content on Asian in Community College Courses
Larisa Kradinova and Kerrienne Gamache, Middlesex Community College

From Daoist Alchemy to Proto-chemistry
Matthew Marone, Mercer University

Session VI D. Reflections on ARC/ARCAS and an Appreciation for ASDP

Chattanooga

George Brown, Slippery Rock University, Chair
Michelle Marion, Paradise Valley Community College
Joanna Crosby, Morgan State University
Jeff Dippmann, Central Washington University
Katharine Purcell, Trident Technical College
George Brown, Slippery Rock University
Respondent: Joseph Overton, Kapiolani Community College

Saturday, March 9, 2019

12:00 -1:45 p.m. Lunch and Plenary Speaker

Capitol Ballroom

Speaker: Akiko Takenaka, *Wellbeing in International Relations: Healing National Divides in Postwar Asia through Memory Studies*

2:00-3:15 p.m. Conference Panels

Session VII A. Wellbeing in Literature and Film

Knoxville

Judy Bullington, Belmont University. Chair

Waveriding, Writing, and Reinterpreting Asia and the Pacific: The Travel Writing of Jack London & Alexander Hume Ford

Katharine Purcell, Trident Technical College

Japanese Anime & Fiction: Comparison to Two Texts on Wellbeing

Anna Paige Rogers, Community College of Baltimore County

Approaches to Teaching about Samurai through Film, Literature and Culture

Matthew Ruane, Florida Institute of Technology

Session VII B. Confucian, Christian, and Buddhist Encounters

Memphis

Jonathan Thorndike, Belmont University, Chair

Beyond the Impersonal Forces of the Market: A Twenty-First Century Revival of Ogyū Sorai's Art of Virtue and Classical Confucianism

Yasuko Sato, Lamar University

A Confucian-Christian Prescription for National Wellbeing: Fan Zimei on Building Character and Preserving Tradition to Achieve "Great Harmony" (Datong 大同)

Ryan Pino, Yale University

Thich Nhat Hanh and Martin Luther King Jr.: Their Encounter and Buddhism

Willy Ramirez, Middlesex Community College

Session VII C. Nourishing Health and Wellbeing

Jackson

Ying Bao, University of Nevada, Las Vegas, Chair

Small Happiness. Buddhist Style and Nega-tea-vity: Wellbeing and Illbeing in Chinese Youth Culture

Ying Bao, University of Nevada, Las Vegas

An Encouragement of Nourishing: Translating Wellbeing in Nineteenth-Century Japanese Dietetics

Joshua Schlachet, University of Arizona

Health and Wellbeing through Yoga

Ashok Malhotra, State University of New York

Session VII D. Measuring and Modeling Wellbeing

Chattanooga

Elizabeth Buck, East West Center, Chair

Using National Identity Projects to Identify Measures of Societal Wellbeing: Four Examples from Singapore

Kit Shaun Koh, University of British Columbia

Female Empowerment: Representation of the Kingdom of Women as Featured in the Works of Qiu Ying

Laurie Kinney, University of Central Oklahoma

A Buddhist-Institutional Framework for Socially Engaged Buddhist Economics

Joel C. Magnuson, Portland Community College

3:15-3:45 p.m. Afternoon Break

3:45-5:30 p.m. Conference Panels

Session VIII A. NEH panel--Enacting Personal and Planetary Well-Being with and through Buddhist East Asia

Knoxville

Mark Wells, Northeastern University, Chair

The Finger that Points to the Earth: East Asian Buddhism as a Conceptual Resource for Environmental Philosophy

James McRae, Westminster College

Brains, Buddhists, and Blades: Pedagogical Skirmishes at the intersection of Philosophy of Mind, Buddhism, and the Way of the Sword

Jesus Ilundain-Agurruza, Linfield College

Mindfulness and Memory

Lara Mitias, Antioch College

Wisdom, Compassion, and Well-Being: The Merging of Hwaom (Kegon/Huayan) and Son (Zen/Chan) in Chinul

Robert Scott, University of North Georgia

Session VIII B. Wellbeing and Gender in Korea and Bangladesh

Memphis

Roslyn Schoen, Texas A&M University, Chair

Understanding Suicide in South Korea

Maria L. Miller, Texas A&M University

Analyzing Religious Saliency: Women's Bodies in Contemporary Bangladesh

Maricela Jaravallero, Texas A&M University

New Masculinities and South Korean Youth

De'Ja Higgins, Texas A&M University

Diabetic Health Management by Rural Women in Bangladesh: Knowledge, Practice, and Perceived Solutions

Fayeza Q. Sultana, Independent University Bangladesh

Session VIII C. Bodies of Matter: The Tension between State Control and Individual Vulnerability in Models of Wellbeing

Jackson

George Brown, Slippery Rock University, Chair

Strengthening the National Body: Calisthenics and Military Citizenship in Hypocolonial China

Zachary Smith, University of Central Arkansas

Embodied Vulnerability: How a Transnational Ethics of Self Care Responds to Postcolonial Violence

Taine Duncan, University of Central Arkansas

Li and the Political Virtue of Civility

Dennis Arjo, Johnson County Community College

China's Modern Political Paradox: the Incompatibility between "Innate Moral Goodness" and "Immoral Political Action"

Jean Tsui, Central University of New York

Session VIII D. Wellbeing in Korean Traditions

Chattanooga

Jeffrey Dippmann, Central Washington University, Chair

Korean Perspectives on Wellbeing

Jeffrey Dippmann, Central Washington University

Social Well Being and Healing from Historical Trauma in East Asia

Chong Eun Ahn, Central Washington University

Teaching Trauma through Film

Volha Isakava, Central Washington University

Teaching Health, Wellbeing, and Aesthetics through Cuisine

Michael Johnson, Central Washington University

ASDP Regional Centers

Belmont University

ASDP Profile | [School Website](#)
Dr. Ronnie Littlejohn ([email](#))
Dept. of Philosophy
1900 Belmont Blvd.
Nashville, TN 37212

Black Hawk College

ASDP Profile ([doc](#)) | [School Website](#)
Dr. Xixuan Collins ([email](#))
Dept. of Communication & Fine Arts
6600 34th Ave.
Moline, IL 61265

Central Washington University

ASDP Profile | [School Website](#)
Dr. Jeffrey Dippmann ([email](#))
Dept. of Philosophy
Director, Asia/Pacific Studies Program
400 E. University Way
Ellensburg, WA 98926

City College of San Francisco

ASDP Profile | [School Website](#)
Dr. Robert Irwin ([email](#))
Dept. of English
50 Phelan Ave.
San Francisco, CA 94112

Dr. Stephan Johnson ([email](#))

Dept. of Philosophy
L658 Batmale Hall
San Francisco, CA 94112

College of Dupage

[School Website](#)
Dr. Thomas Kulanjiyil ([email](#))
Dept. of Philosophy & Religion Studies
425 Fawell Blvd.
Glen Ellyn, IL 60137

Community College of Philadelphia

ASDP Profile | [School Website](#)
Dr. Fay Beauchamp ([email](#))
Dept. of English
1700 Spring Garden St.
Philadelphia, PA 19130

Johnson County Community College

ASDP Profile | [School Website](#)
Dr. Tom Patterson ([email](#))
Office of International Education
12345 College Blvd.
Overland Park, KS 66210

Maricopa Community College –Paradise Valley

ASDP Profile ([pdf](#)) | [School Website](#)
Dr. Michele Marion ([email](#))
Director, Center for International Studies
18401 North 32nd St.
Phoenix, AZ 85032

Middlesex Community College

ASDP Profile | [School Website](#)
Prof. Dona M. Cady ([email](#))
Professor of Humanities
North Academic, Rm. 216
Bedford, MA 01730

Missouri State University

[School Website](#)
Dr. Yan Weirong ([email](#))
901 South National Ave.
Springfield, MO 65897

Portland Community College

[School Website](#)
Dr. Kathleen Doss ([email](#))
Dept. of Communication Studies
705 N. Killingworth
Portland, OR 97229

Slippery Rock University

[School Website](#)
Dr. George P. Brown ([email](#))
Dept. of Political Science
SWC 209
1 Morrow Way
Slippery Rock, PA 16057

Trident Technical College

[School Website](#)
Dr. Katharine Purcell ([email](#))
Dept. of English
7000 Rivers Ave.
Charleston, SC 29423

Tulsa Community College

[School Website](#)
Dr. Ann Malloy ([email](#))
Liberal Arts Division
6111 E. Skelly Dr.
Tulsa, OK 74135

University of Central Arkansas

ASDP Profile ([doc](#)) | [School Website](#)
Dr. Nicholas Brasovan ([email](#))
Irby Hall
201 Donaghey Ave. Box 5171
Conway, AR 72035

University of Hawaii

Kapiolani (formally Kapiolani Community College)
ASDP Profile | [School Website](#)
Dr. Joseph Overton ([email](#))
Chair, Honda International Center
4303 Diamond Head Rd.
Honolulu, HI 96816

University of Redlands

[School Website](#)
Prof. Robert Eng ([email](#))
Dept. of History
1200 E. Colton Ave.
Redlands, CA 92373

Speakers, Teachers, and Performers

Friday's Keynote Speaker

Dr. Philip J. Ivanhoe

March 8, 2019

12:00 Noon, Capitol Ballroom

Title Talk: Oneness, Spontaneity, and Happiness



Philip J. Ivanhoe is Distinguished Chair Professor in the College of Confucian Studies and Eastern Philosophy at Sungkyunkwan University, Seoul, South Korea and director of the newly endowed Sungkyun Institute for Confucian Studies and East Asian Philosophy. Prior to this, he was Chair Professor of East Asian and Comparative Philosophy and Religion at City University of Hong Kong and the founding director of the Center for East Asian and Comparative Philosophy. He is known for his many translations of Chinese texts, over 30 authored or edited books, and over 100 articles and book chapters. Recently, he was the organizer and principle investigator for a three-year project funded by the John Templeton Foundation that resulted in the single authored book, *East Asian Conceptions of Oneness, Virtue, and Human Happiness* (Oxford, 2017), and the co-edited collection *The Oneness Hypothesis: Beyond the Boundaries of the Self* (Columbia University Press 2018). He also served as advisor for a multidisciplinary, three-year, \$5.1 million project on *Happiness and Well-Being: Integrating Research across the Disciplines* at Saint Louis University.

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Saturday's Keynote Speaker

Dr. Akiko Takenaka

March 9, 2019

12:00 Noon, Capitol Ballroom

Title Talk: *Wellbeing in International Relations: Healing National Divides in Postwar Asia through Memory Studies*



Akiko Takenaka is Associate Professor and Associate Chair in the Department of History at the University of Kentucky. Her first book *Yasukuni Shrine: History, Memory, and Japan's Unending Postwar* (University of Hawaii Press, 2015) is the only book-length work in English that critically examines the controversial war memorial. Its Japanese translation is forthcoming in 2019. She is currently working on her second book manuscript entitled *Mothers Against War: Gender, Motherhood, and Grassroots Peace Activism in Postwar Japan*. She has published in journals including *Gender and History*, *Verge: Studies in Global Asias*, *The Public Historian*, *The Pacific Historical Review*, and *Review of Japanese Culture and Society*, as well as a wide range of edited volumes on topics from war memory and mass dictatorship to aesthetics and visual culture. She is a recipient of numerous awards and fellowships, including Fulbright, Japan Foundation, and Michigan Society of Fellows.

Speakers, Teachers, and Performers

The Way of the Quqin

(Reception Performance --

March 7, 2019 from 7:15-8:30 p.m.)

Musicians from the Center for Chinese Music and Culture at Middle Tennessee State University will perform a selection of Chinese traditional and contemporary music on a variety of instruments.



Ensemble performers will be: Mei Han (*zheng*), Zhulong Du (winds), Jun Xie (*yangqin*), Jing Cao (*erhu*), Anwei Wang (percussion), with guest musician Haiqiong Deng.

Dr. Mei Han is an ethnomusicologist specializing in Chinese music. Her research interests include music of East Asia, the Chinese diaspora within North America, and contemporary music influenced by Asian philosophies. Han is an internationally acclaimed concert artist on the *zheng* (Chinese long zither), performing in a multitude of musical genres including traditional, contemporary, creative improvisation, electro-acoustic music.

Mei Han is currently Director of the Center for Chinese Music and Culture, Middle Tennessee State University.

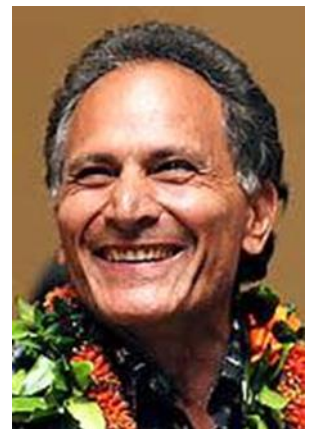
Ashoka Yoga: Gentle Yoga for Everyone

(Morning sessions on March 8 and 9, 2019 from 7:15-8:30 a.m.)

Ashoka Yoga is a simplified version of physical postures as well as breathing and meditation exercises along with systematic relaxation of 12 bodily muscles leading to total calmness. A carefree gentle yoga for all the stressed out/overworked students, faculty and other members of your community.

Leader: Ashok Kumar Malhotra

Dr. Malhotra is Emeritus SUNY Distinguished Teaching Professor of Philosophy at the State University of New York College at Oneonta. He is the winner of a dozen prestigious awards including the Oneonta Chancellor's Award for Excellence in Teaching, East West Center Distinguished Alumni Award (USA), Jewel of India Gold Award (India), and the Bharat Excellence Award (India) and others. He is the founder/president of the Ninash Foundation (www.ninash.org), a charity that has built 7 schools for more than 1600 female and minority children of India.



Nashville Offerings.....



ASIA IN NASHVILLE FIELD TRIP (\$20, OPTIONAL)

LIMITED TO THE FIRST 15

Leader: Dr. Jonathan Thorndike

Professor of Literature and Japanese Studies, Belmont University

March 7, 2019, 10:00 am - 12:00 pm

No, Nashville is not just music! On this field trip you can visit several of the city's best known Asian sites. Jonathan Thorndike will lead you to three west-side sites in the city. You'll visit these fantastic sites:

Meet in the lobby of Nashville Airport Marriott Hotel at 9:15 a.m.

Shōmu-en, Japanese Garden at Cheekwood, a 55-acre botanical garden and art museum located on the historic Cheek estate

The Hindu Cultural Center of Tennessee and Sri Ganesha Temple, officially opened on April 14, 1985 and designed by Sri Muthiah Sthapathi resembling the temple architecture of Chola dynasty (900 - 1150)

The Chua Tinh Tam Buddhist Temple, a cultural center for the Vietnamese community in Middle Tennessee.

ENTERTAINMENT- Nashville is Music City USA for a reason! Every night of the week there is live music, but also home to many fantastic museums and historical sites!

Robert's Western World- The best honky tonk in Nashville! Known for Western Swing and playing country classics. **

Wanna B's Karaoke Bar – Located on Honky Tonk Highway (aka Broadway) if you're inspired to start singing **

Wild Horse Saloon- for line dancing lessons and live music.

Nashville Palace- live country music and dancing

Grand Ole Opry- Nashville's most famous stage! Check the website for tickets and shows, best to buy ticket in advance

Country Music Hall of Fame ** - comprehensive museum about the history of Country Music as well as contemporary artists, rotating exhibitions

Frist Art Museum- World Class visual art museum **

The Parthenon – Home to a full-scale replica of the Parthenon! Nashville is known as the *Athens of the South*...

21c Museum Hotel ** Fantastic Contemporary Visual Art Museum located in a hotel! always free, always open.

Opryland Hotel- a wonderful place for an afternoon or evening stroll, the indoor atrium features gardens, waterfalls, a gondola ride, dancing lights and more!

Opry Mills Shopping Mall- massive shopping mall with a huge range of stores.





Nashville was named one of the 30 most exciting food cities by Zagat in 2017. Here are some ideas to get you started when you're trying to decide where to eat.

Use URL to be taken to the restaurant homepage.

Dozen Bakery – great for breakfast and light lunch.
<https://www.dozen-nashville.com/>

Tánsuő- Contemporary Chinese Cuisine *
<https://www.tansuonashville.com/>

Chauhan Masala and Ale House- upscale Indian Cuisine*
<https://chauhannashville.com/>

Chaatable- upscale Indian Street Food* <https://chaatablenashville.com/>

La Hacienda Taqueria- Mexican Food --the real thing...not TexMex <http://www.lahanashville.com/menu>

Awash Ethiopian Restaurant <https://www.yelp.com/biz/awash-ethiopian-restaurant-nashville>

Monell's at the Manor* Great Atmosphere. Authentic Southern Food, open for dinner, communal tables, great fried chicken <https://foursquare.com/v/monells-at-the-manor/4dc2eaf57d8b686fa4885c2a>

Arnold's Country Kitchen – Favorite with all locals. Authentic Meat and Three (Monday – Friday Lunch)
<https://foursquare.com/v/arnolds-country-kitchen/4b05866df964a520b36122e3>

Hattie B's- Hot Chicken! A Nashville specialty, many locations <https://hattieb.com/>

Husk Nashville- Upscale Southern Cuisine, Esquire “Best New Restaurant in America” in 2014
<http://husknashville.com/>

Avo Nashville- Vegetarian, Vegan- locally sourced, 100% plant based, kosher certified
<https://www.eatavo.com/>*recommended to call ahead for reservation

Loveless Café- A true Nashville Icon, country cooking—Go by Uber <http://www.lovelesscafe.com>.

Corner Asian Bistro- Generally acknowledged as the BEST Chinese restaurant in the city

Two Locations: See <http://www.cornerasiancafe.net/>

615-941-7204 for the Concord Road location

615-810-9152 for the Brentwood location on Franklin Rd.

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One of the Top 10 Most Beautiful Urban Campuses in the U.S.



Ranked 6th

Regional Universities of the South
U.S. News & World Report

Conference Host: Belmont University

8300 +
Enrollment

- ❑ Named as one of the Top 10 “Most Beautiful Urban College Campuses in the U.S.” by *BestChoiceSchools.com*
- ❑ Included as a “Most Innovative” university in 2019 by *U.S. News & World Report* for the 11th consecutive year
- ❑ On the *Princeton Review’s* 2019 “Best Colleges in the Southeast” List
- ❑ Named on *MONEY* “Best College” List, 2018 and “Best Value” by *Kiplinger*, 2018
- ❑ Ranked 5th among Master’s Level Institutions on The Institute of International Education’s list for short term study abroad programs and 9th for overall study abroad participation (including semester and year-long programs)
- ❑ Ranked No. 24 on *Princeton Review’s* 2019 List of “Top 25 Undergraduate Schools for Entrepreneurship Studies”
- ❑ Jack C. Massey Business School ranked #1 for undergraduate business programs in Tennessee by *U.S. News & World Report*, 2019
- ❑ College of Visual & Performing Arts named to “Top 25” music schools in the U.S. by *Hollywood Reporter*
- ❑ College of Entertainment and Music Business named “One of Best Music Business Programs in the U.S.” by *Billboard Magazine*, *Time Magazine* and *Rolling Stone*
- ❑ Belmont has won the Ohio Valley Athletic Conference “All Academic” Trophy for 15 of the past 17 years
- ❑ On Jan. 29, 2019 men’s basketball was named the National Association of Basketball Coaches (NABC) NCAA Division I Team of the Week
- ❑ *Bridges to Belmont* enhances the University’s cultural, racial and ethnic diversity awarding 34 full four-year scholarships for tuition, room, board, & fees



